

GENERAL ADVICE FOR CLUB OFFICIALS AND TEAM MANAGERS AT TUFFLEY ROVERS AFC



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1. We have prepared various documents that need to be read, by way of both advice and consultation with you in relation to the return of football activities.
2. Social distancing, wherever possible, remains an expectation.
3. You will be asked to complete forms and undertake briefing sessions with your squads. This is a requirement, not a choice. We must maintain records of who has attended any session held.
4. It is essential that you continually review the following points with your squads and those involved in training or match-day situations:
 - Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend;
 - Showers and changing rooms remain out of action for training sessions. They may only be used for toilet facilities or as a place to store personal effects during any session. Access to the changing rooms should be limited at all times;
 - There should be as little sharing of equipment as possible.
5. As long as all guidance is followed, you can return to contact training with immediate effect. However, whenever possible you should maintain social distancing. No more than 30 participants are permitted at one session, which includes all coaches, players and other active participants.
6. Pre-season games can take place from 1 August 2020, onwards, but no spectators are permitted.
7. It is anticipated that competitive football will return in September 2020. For the Hellenic League squads this is likely to be delayed if arrangements cannot be put in place for spectator attendance at games.
8. Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play. Players and officials will be expected to sanitise their hands before and after a game as well as scheduled breaks throughout a game or training session.
9. The Football Chair will be the Covid-19 Officer, as required by the guidance. If there are any issues affecting your team/session compliance with the guidance, please report to them immediately.