



## AIDE MEMOIRE FOR COACHES AT SESSIONS

1. Check that everyone has had sight of the **Code of Behaviour** and check if they have any questions.
2. Explain that there is an increased risk associated with taking part in group activity and everyone is reminded of the need to comply with public health advice and avoid high-risk behaviours, including when they are away from football activities, to reduce the risk of transmission.
3. Take register of attendees and confirm that these details will be held for 21 days by a club official, for the purposes of the Government Track and Trace system.
4. Brief group on expectations:
  - No pressure to undertake an activity that the individual is uncomfortable with
  - Please continue to observe social distancing as far as you possibly can
  - If you are symptomatic or living with someone who is ill or displaying symptoms, you should leave the session. Symptoms can include, but aren't limited to:
    - A high temperature (above 37.8°C);
    - A new, continuous cough;
    - A loss of, or change to, their sense of smell or taste.

The following

checklist should be applied to all participants:

**TABLE 1: SELF-SCREENING CHECK LIST PRIOR TO EACH TRAINING SESSION**

EACH PARTICIPANT SHOULD SELF-SCREEN PRIOR TO ARRIVAL AT TRAINING TO ENSURE THEY DO NOT HAVE ANY OF THE FOLLOWING SYMPTOMS (CONFIRMED BY A PARENT FOR THOSE UNDER AGE 18), AS THESE ARE POTENTIAL INDICATORS OF COVID-19 INFECTION.	CHECK NEGATIVE	CHECK POSITIVE
<b>A high temperature (above 37.8°C)</b> <ul style="list-style-type: none"> <li>• Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A new continuous cough.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Shortness of breath.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A sore throat.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Loss of or change in normal sense of taste or smell.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Feeling generally unwell.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Persistent tiredness</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.</b>	<input type="checkbox"/>	<input type="checkbox"/>

*This quick check should be done before each training session so those who trigger a positive answer, can stay away to protect everyone else.*

5. Record anyone who leaves the session due to symptoms or living with someone displaying symptoms.